

TRANSITIONING TEENS TO ADULTS

FOSTERING INDEPENDENCE

Transition services offers support, guidance and advocacy for young people ages 17-24 who are “aging out” of state custody and foster care.

Many young people with mental and behavioral health problems leave state custody at age 18 lacking a high school diploma, a job, or a place to live. They face potential loneliness, depression, unemployment, homelessness and crime at a greater rate than other young people.

Transition Services helps these young people prepare for life on their own by connecting them with community services and caring adults.

BRIDGES TO THE FUTURE

Transition Services helps young people explore their strengths, identify goals for successful independence and create a plan to achieve those goals.

A support system of people and community resources builds bridges to a better future by helping put plans into action with:

- Career consultation, job placement and coaching
- Education assessment, planning, enrollment and support
- Social and independent living skills training
- Physicians and medication services

Counseling & Recovery

SERVICES OF OKLAHOMA 

Formerly Associated Centers for Therapy

A non-profit community mental health center since 1982

Helping build better lives through behavioral health and substance abuse services

TRANSITION SERVICES

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