

2014 Annual Report



Illustration by CALM Center client

Journey to Transformation

In 2014, nearly 5,000 children, adults and families began a journey to transformation at Counseling & Recovery Services of Oklahoma.

People of all ages become overwhelmed and feel helpless, hopeless, angry and alone after years of chronic stress and trauma. The first step in the journey, asking for help, is the most difficult.

To create the best care, we transformed how we engage clients in treatment and interact with each other by becoming certified in the Sanctuary Model of trauma-informed care. Read more about this journey on the next page.

Sanctuary recognize chronic stress affects the way people feel and behave. Sanctuary creates a safe

environment to heal from these experiences.

The artwork above shows a teen's vision of the journey to a better future with the help of staff and Sanctuary tools. This young woman was one of nearly 500 youth who came to the CALM Center in crisis. She and other youth leave with skills to continue growth and change.

Our promise is to be with clients every step of the way on their journey while continuing to improve and transform how we provide care.

Counseling & Recovery 
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A Sanctuary Community

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Journey to Transformation

To transform means to change completely and any journey to transformation can often take surprising and challenging paths.

After three and half years of incredible work, our agency became one of three in Oklahoma to be certified as a Sanctuary organization. The journey to become certified as a Sanctuary community has transformed our culture, strengthened our ability to care for clients and one another, and changed the lens through which we view people, including ourselves.

As a model of trauma-informed care, and unlike other treatment models, Sanctuary is about creating a different environment, one that requires all members of the community to understand trauma and its impact on thinking and behavior, producing opportunities for healing. Through adherence to the commitments, or values, of Sanctuary and using specific tools which are practical expressions of those values, we help clients and ourselves create a safe place to better understand our behaviors as responses to stress and trauma. Reducing the shame and blame that often accompanies difficulties and struggles helps to build hope for a better future. An example of how lives can be transformed through taking this journey is reflected in the letter from one of our clients included on the back page of this report.

While certification is a point in our journey, we carry on and continue to focus on the path, rather than the destination. We know we will never be perfect or that we will ever “arrive.” Our ongoing transformation, our growth and change, comes from staying true to our commitments, supporting and caring for one another when we fall and experience loss, cheering for one another and celebrating in our successes, and sustaining in our mission of helping build better lives.

Congratulations and thank you to our committed staff, clients, board of directors, donors and supporters who have fearlessly, and with great hope, taken this journey together.

Bryan K. Blankenship, Ph.D.
Executive Director

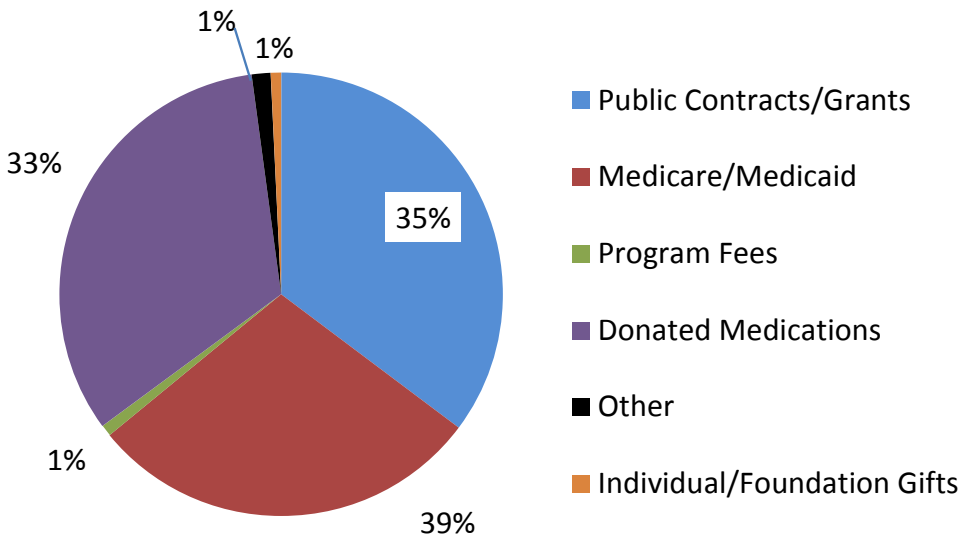


Holiday giving makes season brighter for many

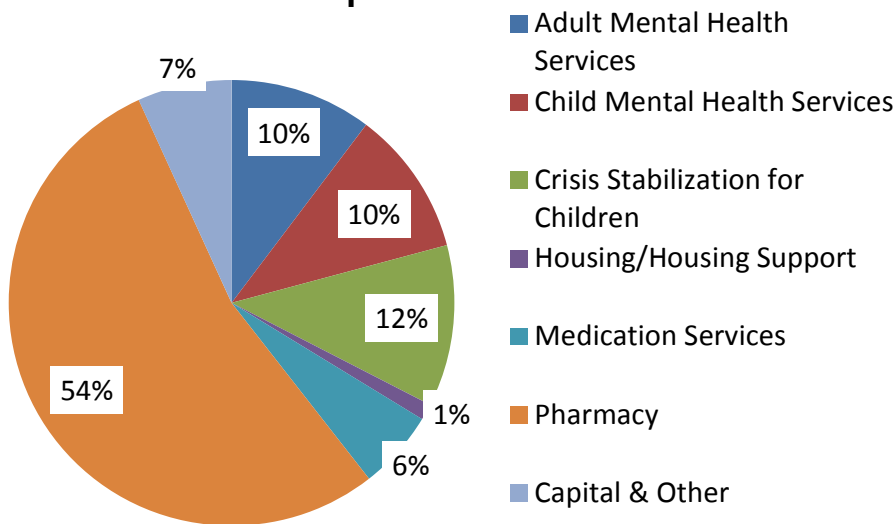
Holiday assistance program grew substantially thanks to the hard work and generosity of staff, board members and community supporters who provided \$5,000 in gifts and monetary donations for 100 individuals. Children and teens at the CALM Center awoke to gifts and a festive meal. Transitional housing residents celebrated with essential personal and household items, and 20+ families received food, clothing and gifts.

We are so thankful for our donors who continue to provide support for our programs and clients at the holidays and year-round through the needs pantry. Thank you for helping build better lives and showing our clients that the community cares.

FY14 Revenue



FY14 Expenses



2014 Donors

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2014 Annual Report

Wraparound Tulsa continued as a state leader serving 189 youth and families with case management, support and advocacy. Success included 44 graduations and 22 families leaving successfully without graduating. Clients substantially decreased school absences, suspensions and out-of-home placements.

Here's one young man's letter sharing how Wraparound impacted his life:

Dear Wraparound Tulsa,

Since I have been with you guys I have learned to be safer, follow rules, etc. But, most importantly: take my medication. I am going to college in not even a month and I might not always have someone there to remind me to take them. It is my responsibility. Being responsible helps me to remember to be safe, follow the rules, take my meds, control my temper, stay out of the hospital, etc.

Thanks Wraparound Tulsa.



Wraparound Tulsa Family Fun Day