

Youth with behavioral health disorders can achieve successful independence



"Preventing Mental, Emotional and Behavioral Disorders Among Young People," a national research project, reports most children with mental, emotional and behavioral disorders have symptoms for two to four years before the diagnosis is made. The symptoms can include school difficulties, trouble in peer and family relationships, uncontrolled negative behaviors, sadness and anxiety. Prevention and early intervention are successful in lessening the long-term negative impacts of these disorders on children's lives. Families who need prevention and early intervention services for their children should call 918.492.2554 and ask for children's services. This one call will start children and families on the road to success.

Summer is a good time to seek help because most children and adolescents are not in school or involved in as many extracurricular activities.

The CALM Center also is available anytime of day or night at 918.394.2256 for youth ages 10-17 in crisis. No referral is necessary and services are provided regardless of ability to pay. Beds are currently available.

CALM Center offers:

- 24/7 crisis stabilization
- Telephone and walk-in screenings
- Immediate assessment
- Detox and behavioral health care
- Short stay in a safe environment
- Coordination of continued care

A complete text of "Preventing Mental, Emotional and Behavioral Disorders Among Young People" is available by following [this link](#).

A brief synopsis of "Preventing Mental, Emotional and Behavioral Disorders Among Young People" is available for parents by [following this link](#).

To learn more about Counseling & Recovery Services of Oklahoma, visit our [website](#). Feel free to forward this information to your contacts.