

A young woman with long, wavy brown hair is shown in profile, looking towards the left. She has a thoughtful expression. The background is a soft, out-of-focus green. The text is overlaid on the top left and bottom left of the image.

**Associated Centers for Therapy**  
**Annual Report**  
**FY 2010**

**Help**  
**Hope**  
**Healing**

# A year of transition, challenges & success

Dear Friends,

The end of fiscal year 2010 was a time of transition for ACT. Larry Marks, our leader of 17 years, said farewell to the agency as he moved on to tinkering in the garage and fishing at the lake, leaving a significant legacy at ACT.

While the last year presented challenges for the entire behavioral health and substance abuse community, ACT remained focused on building strong relationships with our clients and our community partners.

That commitment resulted in serving over 4,500 children and adults in the last year, not including the family members and friends who received education and support to better assist their loved ones in their journeys of recovery. It is a humbling experience for our staff to be involved in such a personal journey. It is even more humbling to hear what many clients have to say about ACT:

*'I believe your services are truly wonderful. A client has only to ask or speak to a person here at ACT and they receive guidance on bettering their life.'*

It was also rewarding to receive acknowledgement from our accrediting agency (CARF) for significant accomplishments, primarily the hard work and effort put into our children's crisis stabilization center. Thanks to the dedication of our staff and generosity of community donors, the CALM Center is now recognized as a vital service in the state, improving the lives of so many children and families.

The support of many in our community, including our outstanding board of directors, makes ACT a place where lives are touched in a meaningful way. It is to all of you that we gratefully say - thank you!

**Bryan Blankenship, Ph.D.**  
**Executive Director**

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# Highlights

ACT served 4,538 children and adults with behavior and mental health challenges in FY10, helping change each life, offering hope for recovery.

## Success for kids, families

**The CALM Center, open 24/7,** received hundreds of calls from families seeking help for their children. After a five-to-seven-day stay, 383 children returned home to friends, schools and family with improved skills to handle everyday life challenges. Each family left with a plan for continued care and education to support the child's recovery.

**Wraparound Tulsa** brings the most appropriate services from ACT and other community agencies to children with complex emotional and behavioral health issues and their families. In this year, 210 children achieved great success: school absences dropped 43 percent; out-of-home placements declined 52 percent, and encounters with the law decreased 69 percent.

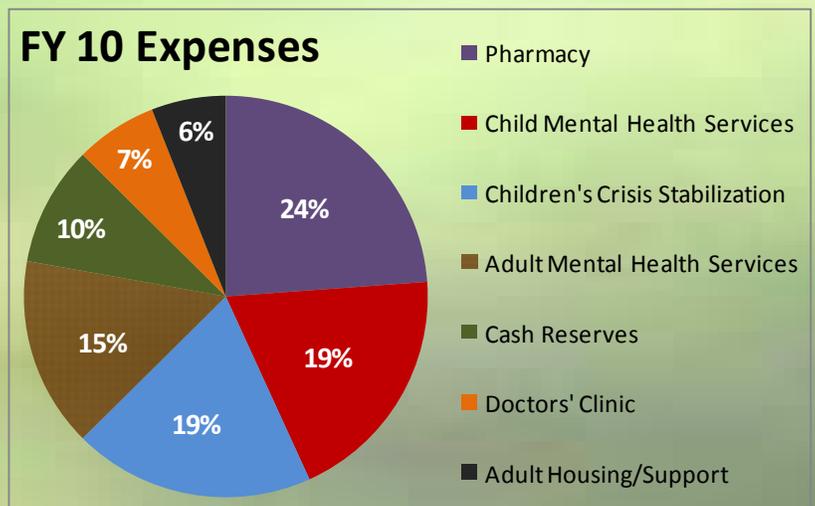
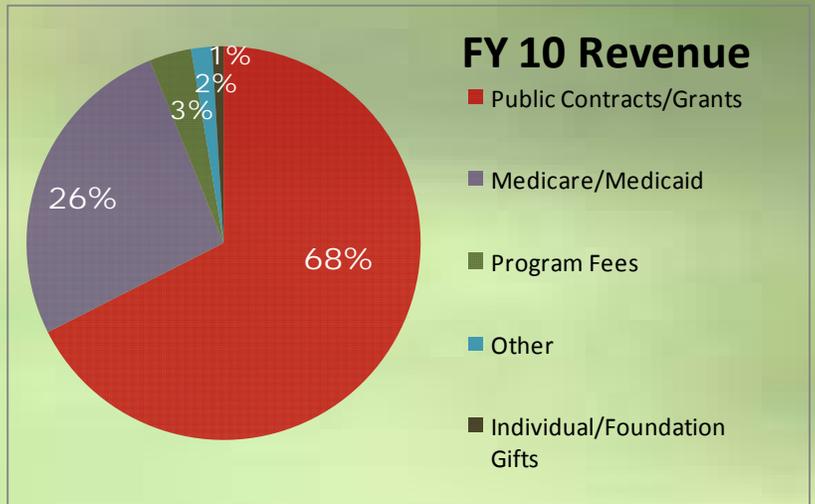
ACT's **Transition Services** served young adults ages 16-25 with serious behavior health challenges, helping them become self-sufficient and live more independent, successful lives.

## Quality care for adults

**Home-based services** helped adults maintain independent housing and addressed challenges of self-care skills and isolation. Services included in-home visits, classes and recreation. Home-based care also provided services for older adults with mental illness in cooperation with Advantage providers.

The **ACT Pharmacy** provided medication valued at more than \$6 million during the first year of operation with \$3.9 million provided to clients without insurance through medicine donated to the agency. Medication, combined with treatment, helped keep clients out of the hospital and on the road to recovery.

The state created **benchmarks for quality of care for all community mental health providers.** ACT met or exceeded these benchmarks for the entire year including reduction in client drug use, crisis follow-up, medication management, reducing re-hospitalization, follow-up care after hospitalization, peer support and helping clients improve physical health, self-care and interpersonal skills.





**MISSION: Helping build better lives through behavioral health and substance abuse services**

Oklahoma Department of Mental Health  
and Substance Abuse Services



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